

Monroe County Extension

4-H Youth Development

Clover News

October 2025



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To stay connected with
everything happening, be
sure to like our Facebook
page:

[MonroeCounty,Kentucky 4-H](#)

WOW!!! All I can say about SUMMER '25 is WOW!!! It's hard to
believe summer is over and we have started
a new program year! I am so excited to
see what this year has in store!



The deadline to submit your
ACHIEVEMENT APPLICATION is quickly approaching.
The application has changed
this year. In order to allow
extra time in preparing, the
4-H Council has voted to
extend the deadline to Oc-
tober 31st.

The Monroe County 4-H
Council met on November
11th, 2025. The council
meets the 2nd Tuesday of
each odd month at 4:45 pm.
(Jan, March, May, July, Sept,
Nov).

**November 11th—
Veteran's Day Breakfast—
Monroe County Ext Office
8:00am**



4-H Clover Fest

**FREE EVENT FOR
ALL MONROE
COUNTY 4-HERS**

**COME
AND GO
FROM
5PM-7PM**

**THURSDAY
OCTOBER 16
2025**

**AT SOUTHERN ATHLETICS
123 ORCHARD LANE TOMPKINSVILLE KY**

CALL 270-487-5504 FOR MORE INFO

MAKE NEW FRIENDS

HOTDOGS

BOUNCY HOUSES



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

DATES TO REMEMBER— CLUB MEETINGS



Horse Club - October 14th 5:30 pm- Ext Office

Triple L— October 16th 4:00 pm— Signature Healthcare

Cloverbud Lego/Lego— October 23rd 4:30 pm— Ext Office

Woodworking with Walter— October 21st 3:00 pm—Ext Office (register by Oct 17th)

****Clovers in the Kitchen** - October 30th 3:15 pm— Ext Office
(register by Oct. 28th)

****Culinary Clovers** - October 30th 4:30 pm— Ext Office
(register by Oct. 28th)

*Livestock - TBD

Poultry Club— TBD

Tabletop Farmers— November 5th 4:30 pm— Extension Office

Teen Council— November 5th 5:15pm— Extension Office



**** ATTENTION::**

With such a large group of 4-H'ers wanting to be involved in the Cooking Club, we now offer 2 clubs.

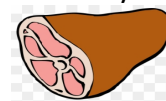
[Clovers in the Kitchen](#) is designed for youth 9 and under on Jan 1, 2025.

[Culinary Clovers](#) is designed for youth ages 10 and above on Jan 1, 2025. Each club will meet Oct. 27th. Call

PLAN AHEAD!!

December 15th—Night of Champions (Area Achievement Banquet)— National Corvette Museum

Registration for 2026 Hambassadors (the country ham project) will be held in December.



Be watching Facebook for more info!

Mammoth Cave Area Teen Council will meet on Monday, November 10th in Barren County. The ATC is an amazing group of 8th -12th grade students from across the area who meets every other month to plan program and activities. This is a great leadership opportunity. Call today for more information or to register for the next meeting .

Remember to complete your new enrollment form! Even if you completed an enrollment form at the Kick-Off on 9/6, please complete an updated form.



Just a friendly reminder...

MONROE COUNTY 4-H



4-H ADULT LEADER & CLUB OFFICER TRAINING

OCTOBER 22, 2025
5:00PM

MEETING
PROCEDURES

LEADERSHIP
DEVELOPMENT

SPECIFIC OFFICER
ROLES

TEAMWORK



ALL CURRENT ADULT
LEADERS AND CLUB
OFFICERS ARE
ENCOURAGED TO ATTEND

4-H volunteer/officer training focuses on teaching elected or appointed officers their specific responsibilities and essential leadership skills, like parliamentary procedure, to effectively lead club meetings and activities

PLEASE CALL 270-487-5504 TO RSVP

LIGHT REFRESHMENTS WILL BE SERVED



GEAR UP FOR THE 2025 DEER SEASON

Cooperative
Extension Service

NOVEMBER
3

BUCK BASH



6:00PM

FAMILY NIGHT

MONROE COUNTY COOPERATIVE EXTENSION OFFICE
288 COMMERCE DRIVE TOMPKINSVILLE, KY

EDUCATIONAL PRESENTATION: LATE SEASON MANAGEMENT
PRACTICES TO IMPROVE YOUR DEER HERD

CHILI

DOOR PRIZES

BEST CAMO/HUNTING
ATTIRE CONTEST

WILDLIFE CRAFTS FOR KIDS

BUCK BASH BRAGGING
BOARD

(SHOW OFF YOUR FAVORITE HUNTING PHOTOS
OR BRING YOUR DEER MOUNT)

REGISTRATION \$5.00

AGES 10 & UNDER FREE

REG. DEADLINE OCT. 31ST

FOR MORE INFORMATION:
CALL 270-487-5504

Join us for a fun family night where you will learn about whitetail deer management along with crafts, contest and food. Bring your deer mount or photos to be displayed on the bragging board, photos can be sent to adam.huber@uky.edu prior to the event.

4-H WOODWORKING WITH WALTER



MAKE A BIRDFEEDER

TUESDAY, OCTOBER 21ST
3:00PM

BRING 4 CLEAN
SOUP CANS WITH THE
LABEL TAKEN OFF

CALL THE EXTENSION
OFFICE TO REGISTER
270-487-5504



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ISSUES

CONFERENCE

Cooperative
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Leap into Civic Action!

Join the 36th annual 4-H Issues Conference to develop action plans and make a real impact. This is your chance to gain leadership skills, create meaningful change, and even apply for grants to fund your projects.

Dates: November 20-22

Location: Paradise Valley Conference Center in Burkesville, Kentucky

Registration is open from
September 15 to October 24.
Open to grades 9-11.

Contact your local Extension office to learn more.

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources
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Recreation Management
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University of Kentucky, Kentucky State University, U.S. Department of Agriculture and Kentucky Cooperative Extension





Healthy Living Recipe



Eggroll in a Bowl

Ingredients:

- 1 tablespoon oil
- 1 pound ground turkey or pork
- 2 teaspoons garlic powder
- 1.5 teaspoons ground ginger
- 1/4 cup soy sauce
- 1 bag coleslaw mix with carrots
- 1 whole egg

Directions:

Heat oil in a large skillet over medium heat
Add meat and cook until cooked through and an internal temp of 165 has been reached
Add garlic powder, ground ginger, and soy sauce to the meat and stir until combined
Add coleslaw mix to cooked meat and cook until veggies are tender
Push mixture in the skillet to make a hole. Crack the egg in the open area and scramble it until cooked thoroughly.
Stir all ingredients together and serve



Source: 2022 KYNEP Food and Nutrition Calendar: Michel Moore, Butler County SNAP-Ed Program Assistant Senior
220 calories; 12g total fat; 3g saturated fat; 0g trans fat; 105mg cholesterol; 480mg sodium; 6g total carbohydrate; 2g dietary fiber; 2g total sugars; 0g added sugars; 23g protein; 0% vit d; 4% calcium; 10% iron; 8% potassium

Monroe County 4-H Table Top Farmers
3rd Annual Farm Toy Show and Antique Tractor and Car Show
Bake Sale – Food Trucks – Farm Boards on Display
Admission: \$5 10 and Under: FREE
October 17th, 2025 from 5–8 PM Toy Show Only
October 18th, 2025 from 9am–2pm
Contact the Monroe County Extension Office at 270-487-5504 for more Information
Monroe County Extension Office 288 Commerce Drive Tompkinsville, KY 42167

* Monroe County 4-H MISTLETOE MARKET *



Saturday, Dec. 6, 2025
9:00am-2:00pm
Monroe County Extension Office
288 Commerce Drive
Tompkinsville KY 42167

Call 270-487-5504 for info
Admission \$1 5 and under free



4-H ACHIEVEMENT AWARDS BANQUET
TUESDAY, NOVEMBER 25, 2025 BEGINNING AT 6:00PM
MONROE CO EXTENSION OFFICE
PLEASE PICK UP AND FILL OUT YOUR ACHIEVEMENT RECOGNITION FORM AND RETURN BY NOVEMBER 10TH TO BE RECOGNIZED

Let's celebrate all the accomplishments from the past year! Make plans to attend the County Achievement Banquet. Open to all ages-including Cloverbuds! Leaders and Volunteers are welcome!

Call today to register!

*\$10 per person

